**True Gymnastics Schedule 2021-2022updated 5-1-21**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Class | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Tiny Tumblebees  18 mo- 3.5 years |  | 10:00-10:50 | 10:00-10:50 |  |  | 9:00-9:50  10:00-10:50 |
| Climbing  Caterpillars  3.5-4.5 years | 1:30-2:20 | 12:30-1:20  4:15-5:05  5:15-6:05  6:15-7:05 | 11:00-11:50  12:30-1:20  1:30-2:20  5:15-6:05  6:15-7:05 |  |  |  |
| Galloping  Grasshoppers  4.5-Kindergarten | 1:30-2:20 | 12:30-1:20  1:30-2:20  4:15-5:05  5:15-6:05  6:15-7:05 | 11:00-11:50  12:30-1:20  1:30-2:20  5:15-6:05  6:15-7:05 |  |  | 11:00-11:50 |
| Mighty Millipedes  Kindergarten |  | 1:30-2:20  4:15-5:05  5:15-6:05  6:15-7:05 | 1:30-2:20  5:15-6:05  6:15-7:05 |  |  | 12:00-12:50 |
| Level 1-2 | 4:15-5:15 | 7:15-8:15 | 4:15-5:15 | 4:15-5:15 | 4:15-5:15 |  |
| Level 3-4 | 4:15-5:30  7:30-8:45 | 7:15-8:30 | 7:15-8:45 | 5:25-6:40  6:50-8:05 | 5:30-6:45 |  |
| Level 5-6 | 7:30-9:00 | 7:15-8:45 | 7:15-8:45 | 6:50-8:20 | 4:15-5:45 |  |
| Level 7-8 | 7:30-9:00 |  | 7:15-8:45 | 6:50-8:20 |  |  |
| Kickover/ Walkover  (KOWO) | 5:25-6:25 |  |  | 8:10-9:10 |  | **Bday parties**  **2:00-3:30**  **4:00-5:30** |
| Backhandspring  (BHS)\* | 5:25-6:25  7:30-8:30 | 8:15-9:15 |  | 8:10-9:10 | 6:45-7:45 |  |
| Flip&Twist\* | 5:25-6:25 |  | 8:15-9:15 | 8:10-9:10 | 6:45-7:45 |  |
| Ninja 1  (7 years and in 1st grade) | 4:15-5:15  6:30-7:30 |  |  | 4:15-5:15 |  |  |
| Ninja 2 \* | 6:30-7:30 |  |  |  |  |  |
| \*Invitation Only |  |  |  |  |  |  |